



Southern Nevada

Program	Description	Phone Number
Beyond Recreation	Recreational opportunities for youth of all abilities aged 7-21. Participants will enjoy a different recreation experience every week including community outings, sports, games, arts and crafts, swimming, movies, friends, and all-around fun.	702-229-4903
Stepping Stone	Social group for teens with developmental disabilities. The program encourages participants to step outside of their comfort zone and experience growth through personal challenge in a fun, safe and supportive environment. Activities include rock climbing, skiing, hiking, paddle boarding, and more.	702-229-4903
Stepping Stone Inclusive	Spin-off of the original Stepping Stone program that provides inclusive adventure recreation-based experiences for teenagers with disabilities and their peers. Programs will accept both teenagers with and without disabilities.	702-229-4903
Paralympic Sports Club	Program designed for children and adults with physical disabilities offering sports training and competitions throughout southern Nevada.	702-229-4796
Vegas Vision	Individuals ages 7 and up with visual impairments may participate in a variety of activities, including tandem bike rides, goal ball, swimming, rock climbing, fishing, and special outings.	702-229-4904
Golf	Golf is a seasonal golf program for individuals of all abilities who would like to attain the knowledge and understanding of basic mechanics in the golf swing. Participants can learn the game, improve strength and skills, and gain self-confidence.	702-229-4904

Inclusive Recreation Programs



Program	Description	Phone Number
City of Henderson Therapeutic Recreation and Inclusion Services	Year-round classes and field trips including: Adaptive Splash, Adaptive Fitness, Skateboarding 101, Beginning Archery, Mount Charleston Sledding, Spring Fling Dance, Opera Camp, and more. More information at http://www.cityofhenderson.com/henderson-happenings/program-and-classes/overview	702-267-4065
On the Go	Community-based recreation program for adults of varying abilities wishing to meet new friends through recreation and independent living activities. Ages 22 & up (or have graduated from high school). From 2:00 PM-5:30 PM, Monday through Friday, \$11 per day, and respite care is accepted. Located at Henderson Multigenerational Center, Valley View Recreation Center and Whitney Ranch Recreation Center.	702-267-4065
Rec and Roll	Program provides opportunities for young adults with disabilities to explore their recreational interests in a structured environment as well as develop the skills needed for independence. Grades 9-12 (or up to 21 years of age). 1:30 PM-5:30 PM, Monday through Friday, \$11 per day, and respite care is accepted. Located at Henderson Multigenerational Center and Valley View Recreation Center.	702-267-4065

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Program	Description	Phone Number
City of Reno Adaptive Equipment Rental Program	Adaptive equipment rental program located at 1301 Valley Road Reno, NV 89512. More information at https://www.reno.gov/Home/ShowDocument?id=78609	775-333-7765